

Supplementary data 1. Search strategies

Database	No	Search term
EMBASE	1	non insulin dependent diabetes mellitus/exp
	2	(type 2 OR type II) AND diabet*
	3	non insulin dependent diabetes mellitus
	4	diabetes mellitus
	5	(maturity OR slow OR adult) AND onset diabet*
	6	T2DM
	7	1 OR 2 OR 3 OR 4 OR 5 OR 6
	8	self care/exp
	9	self-manag* OR self-monitor* OR self-car*
	10	educat*
	11	management* NEAR/4 program*
	12	8 OR 9 OR 10 OR 11
	13	mobile health/exp
	14	ehealth OR e-health
	15	etherap* OR e-therap*
	16	mhealth OR m-health
	17	telehealth* OR tele-health*
	18	telemedicine* OR tele-medicine*
	19	telemanagement OR tele-management
	20	telecare* OR tele-care*
	21	13 OR 14 OR 15 OR 16 OR 17 OR 18 OR 19 OR 20
	22	7 AND 12 AND 21
CINAHL	1	(type 2 OR type II) AND diabet*
	2	non insulin dependent diabetes mellitus
	3	diabetes mellitus
	4	(maturity OR slow OR adult) AND onset diabet*
	5	T2DM
	6	1 OR 2 OR 3 OR 4 OR 5
	7	self-manag* OR self-monitor* OR self-car*
	8	educat*
	9	management* N2 program*
	10	7 OR 8 OR 9
	11	ehealth OR e-health
	12	etherap* OR e-therap*
	13	mhealth OR m-health
	14	telehealth* OR tele-health*
	15	telemedicine* OR tele-medicine*
	16	telemanagement OR tele-management
	17	telecare* OR tele-care*
	18	11 OR 12 OR 13 OR 14 OR 15 OR 16 OR 17
	19	6 AND 10 AND 18
Cochrane	1	Diabetes Mellitus, Type 2
	2	(type 2 OR type II) AND diabet*
	3	non insulin dependent diabetes mellitus
	4	diabetes mellitus

	5	(maturity OR slow OR adult) AND onset diabet*
	6	T2DM
	7	1 OR 2 OR 3 OR 4 OR 5 OR 6
	8	Self-Management
	9	self-manag* OR self-monitor* OR self-car*
	10	educat*
	11	management* OR program*
	12	8 OR 9 OR 10 OR 11
	13	Telemedicine OR Telenursing
	14	ehealth OR e-health
	15	etherap* OR e-therap*
	16	mhealth OR m-health
	17	telehealth* OR tele-health*
	18	telemedicine* OR tele-medicine*
	19	telemanagement OR tele-management
	20	telecare* OR tele-care*
	21	13 OR 14 OR 15 OR 16 OR 17 OR 18 OR 19 OR 20
	22	7 AND 12 AND 21
PubMed	1	Diabetes Mellitus, Type 2
	2	(type 2 OR type II) AND diabet*
	3	non insulin dependent diabetes mellitus
	4	diabetes mellitus
	5	(maturity OR slow OR adult) AND onset diabet*
	6	T2DM
	7	1 OR 2 OR 3 OR 4 OR 5 OR 6
	8	Self-Management
	9	self-manag* OR self-monitor* OR self-car*
	10	educat*
	11	management* OR program*
	12	8 OR 9 OR 10 OR 11
	13	Telemedicine OR Telenursing
	14	ehealth OR e-health
	15	etherap* OR e-therap*
	16	mhealth OR m-health
	17	telehealth* OR tele-health*
	18	telemedicine* OR tele-medicine*
	19	telemanagement OR tele-management
	20	telecare* OR tele-care*
	21	13 OR 14 OR 15 OR 16 OR 17 OR 18 OR 19 OR 20
	22	7 AND 12 AND 21